

# Diaper Changing Procedure

## Get Ready



- Clean your hands and gather supplies:
  - Disposable covering (e.g. paper towel) for the change table if needed
  - Diaper
  - Plastic bag for soiled items
  - Disposable wipes
  - Gloves
  - Diaper cream (child specific)
- Put on disposable gloves.

## Bring Baby to Diapering Area



- Hold the baby away from your clothes and place on the change table.
- Always keep a hand on the baby.
- Remove baby's clothes as needed.
- Place soiled clothes in a plastic bag for parents to take home.

## Clean the Baby



- Clean the baby's bottom with a pre-moistened wipe. Discard soiled wipes in soiled diaper.
- Use a fresh wipe with each front to back cleaning.

## Remove the Soiled Diaper



- Remove the soiled diaper and discard in plastic lined garbage container.
- Remove disposable covering from beneath baby, if used, and discard.
- Remove gloves and discard.
- Wash your hands.

## Diaper and Dress the Baby



- Slide a clean diaper under the baby.
- Apply skin care product with a disposable tissue, fasten diaper and dress the baby.

## Wash the Baby's Hands



- Wash baby's hands with liquid soap and warm water at the designated hand sink.

## Clean and Disinfect the Diapering Area



- Clean the change surface with soap and water. Rinse and wipe dry. Apply a disinfectant and follow manufacturer's directions for contact time. Allow to air dry or wipe with paper towel and discard. Put away cleaning supplies.

## Wash Your Hands



- Wash your hands thoroughly with liquid soap and warm water at the designated hand sink. Dry with a paper towel.