



Elgin St. Thomas Site

Administrative Office
1230 Talbot Street
St. Thomas, ON
N5P 1G9

Woodstock Site

410 Buller Street
Woodstock, ON
N4S 4N2



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From the Office of Dr. Joyce Lock, Medical Officer of Health, Southwestern Public Health

Regional cluster of mono cases with atypical presentation

Southwestern Public Health has been notified by regional health care providers of an increase in the number of mononucleosis cases where patients present with atypical signs and symptoms, including marked LFT elevation and abdominal pain. These cases have an absence of typical symptoms of fatigue, sore throat, and lymphadenopathy.

Consider this diagnosis when assessing adolescent and young adult patients with similar signs and symptoms.

Epstein Barr viral infection is not a reportable disease – you do not need to notify Southwestern Public Health of these cases under the *Health Protection and Promotion Act*.

Dr. Joyce Lock
Medical Officer of Health
Southwestern Public Health
1-800-922-0096, ext.1255
jlock@swpublichealth.ca
www.swpublichealth.ca