

Public Health Update from Southwestern Public Health



For Health Care Providers in Oxford County, Elgin County, and the City of St. Thomas

August 24, 2023

An Update from Dr. Ninh Tran, Medical Officer of Health at Southwestern Public Health

Public Health: What You Need to Know

PERTUSSIS SITUATIONAL UPDATE

- Between July 1 2022 and July 31 2023, 122 pertussis cases were reported to Southwestern Public Health.
 - 2 cases reported in May, 0 in June, and 2 in July indicates a slowing in transmission
- Cases continue to be reported in Ontario, predominantly affecting non-immunizing communities. The majority of cases (78%) in SWPH region are unvaccinated and are under 6 years of age, with 29/122 under one year of age.
- Recently, SWPH was made aware of an exposure at an event in Northern Ontario on August 10 to which several families travelled from Oxford County to attend.
- ACTION:** Refer to past pertussis updates from [January 18, 2023](#), [December 9, 2022](#), and [August 23, 2022](#). [Click here to subscribe](#).
- ACTION:** To report a suspected or confirmed case call SWPH at 1-800-922-0096 ext. 1232 (Elgin County) or ext. 3500 (Oxford County) or fax a [notification form](#) to 519-631-1682.

COVID-19 RAPID TEST KITS AVAILABLE

- Individuals can pick up a box of 5 rapid tests at our 410 Buller Street (Woodstock) or 1230 Talbot Street (St. Thomas) locations, Monday to Friday, 8:30AM-4:30PM OR [order online](#) for pick up at a later date.

BALANCED BEGINNING: A NEW CBT PROGRAM AT PUBLIC HEALTH

- Southwestern Public Health is launching a no-cost [new perinatal cognitive behaviour therapy program](#) this fall for individuals who are pregnant or who have a child under 18 months of age.
- Access through self-referral at www.swpublichealth.ca/balancedbeginning.
- NEW!** Access a printable one page overview of the program for patients/clients:
 - [Click here](#) for PDF printable file type
 - [Click here](#) for PNG printable file type

Southwestern Public Health
www.swpublichealth.ca
1-800-922-0096

