

# COVID-19 VACCINE AFTERCARE



**COVID-19  
VACCINE INFO**

## What to do right after getting vaccinated:



- Wait for 15 minutes after being vaccinated to make sure you feel well.
- If you have severe allergies to other things, you will be asked to stay for 30 minutes.
- Check out with clinic staff before you leave.

**Tell clinic staff right away if you do not feel well!**

## What to expect in the next few days:

Like other vaccines or medications, the COVID-19 vaccine can cause side effects. Not everyone will have side effects, and most are mild.

### Common side effects include:



Arm pain, redness or swelling



Tiredness



Headache



Muscle or joint pain



Fever or chills

### Serious side effects include:



Hives (bumps on the skin that are very itchy)



Swelling of the face, tongue, or throat



Difficulty breathing or shortness of breath



Heart palpitations or abnormal heart rhythm



Chest pain

**Serious side effects are rare. If you develop signs of an allergic reaction, get medical help right away or call 9-1-1 if you feel very unwell. If you are concerned about any reaction you have after being vaccinated, talk to a doctor or contact Southwestern Public Health to report it.**

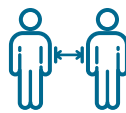
## Keep following public health measures after vaccination:



Wash your hands often



Wear a face covering (mask)



Stay 6-feet apart



Avoid contact with people you don't live with



Stay home if you are sick

## Things to remember:

- Make sure you return for your second dose when you are supposed to.
- To download your digital enhanced vaccination receipt go to: [covid19.ontariohealth.ca](https://covid19.ontariohealth.ca). If you do not have a health card, call **1-833-943-3900** and have your client ID ready.

Second Dose Appointment:

1-800-922-0096 ext. 9  
[www.swpublichealth.ca/covid19vaccine](https://www.swpublichealth.ca/covid19vaccine)

