Correct Hand Sanitizer Use

1 Apply one squirt



 Use a sanitizer with 60% to 90% alcohol

For healthcare settings, at least 70% alcohol should be used

2 Rub hands together



 Make sure to spread sanitizer all over your hands, palms, and between fingers

3 Rub until dry



 This should take 15 seconds if enough product is used

REMEMBER

Hand sanitizer should only be used when hands are not visibly dirty. Wash with soap and water if you see dirt on your hands.

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