



# Begin with Breakfast

## Video links to complement learning

- [How to measure wet and dry ingredients \[video\] | AllRecipes.com](#) (length: 4:04)  
Learn how to accurately measure all kinds of dry and liquid ingredients so you can bake and cook with confidence and precision.
- [How to roll a tortilla \[video\] | Warren Nash](#) (length: 0:58)  
Two simple methods on how to wrap a wrap.
- [How to Crack an Egg \[video\] | America's Test Kitchen](#) (length: 0:24)  
Learn how to crack an egg on the counter.
- [How to cut apples into matchsticks \[video\] | Schmidt Bros](#) (length: 0:52)  
Learn how to safely cut an apple into matchsticks (julienne).
- [How to cut bell peppers \[video\] | Oregon Child Nutrition Programs](#) (length: 2:06)  
This video shows you how to safely cut a bell pepper.
- [How to dice tomatoes \[video\] | Oregon Child Nutrition Programs](#) (length: 1:51)  
Easy steps for dicing tomatoes.