

COVID-19 (Novel Coronavirus) Food Access Elgin St. Thomas

Emergency Food Access Programs in Elgin St. Thomas

September 16, 2020

Farmers Markets

Program	Description
CULTIVATE Virtual Farmers' Market St. Thomas	The CULTIVATE Virtual Farmers' Market will be your online, one stop, mid-week shopping solution offering an amazing selection of fresh, locally grown vegetables, fruits, cheese, fresh meats, honey, preserves, fish, breads, baked goods, prepared foods and more from an amazing group of St. Thomas and area's farmers, growers and artisans. The Market is open for shopping from Sunday 8:00am - Tuesday 11:59pm. Orders will be ready for curbside pick up at back door of the Talbot Teen Centre on Thursday afternoons. Please review the website and create your order here

Emergency food access programs currently active in Elgin St. Thomas:

Program	Description
Inn and Out of the Cold	Location 135 Wellington St. Open to Inn guests only from 8:3pm-7:30am. There is a new day time drop-in centre downtown (423 Talbot St.) open from 8:00AM-8:00PM. This is available for individuals who want to warm up and eat their food from Graces Café. On May 16 th and 30 th , Inn and out of the cold is extending opportunities to purchase a take-out dinner for our guests. If groups or agencies are interested in offering a meal on site, please message Inn and out of the cold on their Facebook site: https://www.facebook.com/Inn-Out-Of-The-Cold-StThomas-Elgin-160879467280853/
Grace Café	Serving take out lunches Monday – Saturday, 8:00-12:00PM, frozen dinners are also available while supplies last. Clothes are available on an as needed basis.
Port Stanley and Area Community Cupboard	Deliveries for food are available for individuals who do not have access to a car. Open on the third Tuesday and Thursday of each month from 3:00-6:00PM. Phone Numbers: 519-782-3122 After Hours: 519-476-4902

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Caring Cupboard – Rodney	Open for operation on an as needed basis. They are answering the phone for requests for food. Volunteers are at a vulnerable age and do not want to increase their exposure to the public. 519-785-2026
East Elgin Community Assistance Program (Corner Cupboard)	Open Tuesdays 9:00am – 12:00PM and 3:00-5:00PM. Operating as take out during this time. 519-773-5773
St. Thomas Elgin Food Bank (The Caring Cupboard)	803 Talbot Street, St. Thomas Food hamper is available for pick up on Monday 9:30-3:00PM, Tuesday 12pm to 3:30PM and Thursday 9:30AM – 3:00PM. 519-633-5308 * Important notice: the food bank will be closed for the month of July. Please call or text the new help line at 519-878-FOOD (3663) to pre-order a food hamper if needed. Further direction on where and when to pick up your food hamper will be provided.
PSNE	Drop-in centre for public everyday from 10:00-6:00pm. This is prioritized for individuals who have not been to the St. Thomas Caring Cupboard. 519-631-1580
VON	They are still accepting applications for MOW; if you know of someone that would benefit from Meals on Wheels in Elgin St. Thomas, please direct them to this number 519-637-6408
West Elgin Church Phone System	Provides Pastoral and prayer services, food/supply delivery to those isolated or just a friendly check-in call. To register/request a friendly call or delivery service contact 519-914-4219. Call system prioritizes by local needs (Dutton Callers get Dutton volunteers)
West Elgin Daffodil Auxiliary Welfare	This program is led by volunteers, therefore the hours will vary. If you require a food hamper, please call 519-762-5757 and leave a message and one of our volunteers will contact you. For any other questions, please call Lynn MacCoon at 519-859-2534. Location: 185C Currie Rd Dutton.

The Nameless	558 Talbot Street, St. Thomas Snacks available on Monday, Wednesday and Sunday from 6pm to 8:30PM. 226-503-3798
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Talbot Teen Centre	Services vary at this time. Please visit the Facebook page for more details: https://www.facebook.com/TalbotTeenCentre/photos/pb.172943826175962.-2207520000../1973767779426882/?type=3&theater
The Good Food Box	The Good Food Box is a box of fresh produce, cheese and yogurt at a discounted price of \$17.00. Anyone can purchase a box. Payments for the box are due by the first Friday of each month and you can pick up your box on the third Monday of each month. Pick up locations vary, please review the website or call Rick at 226-927-5223 or go to: www.swpublichealth.ca/GoodFoodBox for more details.
Grocery delivery and meal service in St. Thomas and Elgin, seniors 55+	Please call 1-888-866-7527 Monday – Friday 8:30-4:30PM. Grocery deliver, prepped meals, transportation and other community supports for low-income and isolated seniors.

Grocery stores in St. Thomas that provide delivery and pick up services

Price for services will be categorized from least expensive (\$) to most expensive (\$\$\$\$)

All services that provide delivery have to option to deliver

Program	Description
Briwood	Free delivery with purchases over \$40.00. Please call 519-633-9691 to create your order. Payments are preferred through credit card, however please let them know if you will be paying with cash. Services are available Monday to Friday until 4PM and Saturday and Sunday until 3PM. Please see website for updates of services: http://briwoodfarmmarket.com/ \$
Common Ground Farm	Delivery or pick up options available. Please call 519-777-6383 for orders. Pick up is available on Fridays from 3-5PM. Delivery is available at a fee of \$5.00 on Friday and Saturday. Payment is available by credit card or e transfer to chris@commongroundfarm.ca \$
Walmart	Pick-up services available. Please go to the website to create your order and select “pick up” at check out. There will be 8 designated parking spots for individuals who have made a pickup order. Payment is only accepted by credit or debit. Please see additional details on the website https://www.walmart.ca/en/grocery/N-117 For more questions, please call 519-637-1042. \$

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Real Canadian Superstore St. Thomas	Pick up options available. Must create a PC express account and payment is only accepted online via credit/debit. Pick up fee ranges from \$3.00-\$5.00. Please see website for details; https://www.realcanadiansuperstore.ca/pcexpress \$
Metro	Unavailable for pick up or delivery. Please visit website for any updates to their services https://www.metro.ca/en/online-grocery
Food Basics	Unavailable for pick up or delivery. Please visit website for any updates to their services, https://www.foodbasics.ca/index.en.html
Foodland St. Thomas	Delivery option for a fee of \$8.00. No pickup options at this time. Please call to make an order from 10:00-5:00PM, 519-633-9370. \$\$
Freshco	Unavailable for pick up or delivery. Please see website for updates to their services, https://www.bing.com/search?q=freshco+st+thomas&src=IE-SearchBox&FORM=IESR4A
Foodland West Lorne	Will deliver free of charge to areas in West Lorne and Rodney. Please call to create your order (519) 768-1750. Please see their Facebook for updates, https://www.facebook.com/westlornefoodland/ \$
No Frills Aylmer	Pick up options available. Must create a PC express account and payment is only accepted online. Pick up fee ranges from \$3.00-\$5.00. Please see website for details, https://www.nofrills.ca/pcexpress \$
Belmont Freshmart	Pick up options and delivery options available. Please call ahead to confirm services and to create orders (519) 644-0707. Please see Facebook for updates to services https://www.facebook.com/belmontfreshmart/ \$
Foodland Dutton	Delivery and pick up options available. Please call to create your order at (519) 762-2734. Delivery services are available Monday, Wednesday and Fridays at 3:00PM, \$2.50 for Dutton and \$7.50 for Wallacetown. Please call by 2:00PM to create your order. \$
Valu Mart Aylmer	Delivery options available at no cost on Monday, Tuesday and Thursdays from 8:00-3:00PM. Cash, Debit/Credit and Cheque for payment methods available. Please call 519-773-9219 to create your order. \$

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Foodland Port Stanley	Delivery options available Monday, Wednesday, Friday and Saturday. Please call or email to create your order before 11:00AM at 519-782-3315 or fld6377portstanley@sobeys.com. Credit card method for payment available. Delivery charge vary by location, Port Stanley \$7.00, Union/Shedden/Fingal \$10.00, St. Thomas \$15.00. Please visit their Facebook for updates to their services https://www.facebook.com/portstanleyfoodland \$\$
Shedden Country Grocer	No pickup or delivery options at this time.
Mudford Family Food Town	No pickup or delivery options at this time.
Instacart	Instacart is a grocery store delivery option available online. Payment method of Credit/Debit only available for this service. When you go to the website https://www.instacart.ca/ please put in your postal code to see if this option is available for you. Fees range depending on your location. You can put the option to “leave your groceries outside your door” so you do not have to have contact with the individual delivering the groceries. Please review the website for more details. \$\$\$
Other	Other services available: Skip the Dishes, GoodFood and Uber Eats: \$\$\$\$ Other details for food services in St. Thomas, please visit 211.ca

Discontinued Due to COVID-19:

Program	Description
Salvation Army	Was providing gift cards, now they are currently closed.
St. Thomas Seniors Dining Room	Closed, was providing low cost meals to seniors Monday – Friday 11:30 – 12:30PM.
Northside Neighborhood Hub	Not in service anymore.
Central Community Health Centre	Not providing any food d/t COVID-19 – was providing coffee and snacks in AM.
Good Food Box	Currently on hold until further notice

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All churches in St. Thomas that previous provided meals are not.	Most volunteers are >65 years of age and have other health related issues that put them at higher risk, therefore they decided not to provide meals at this time to protect their volunteers. Churches include: Trinity Anglican Church, Holy Angels, Knox Presbyterian Church, St. Johns Anglican Church, St Paul's United Church (Aylmer).
The Hub	West Elgin Community Health Centre – not in service at this time.