



November 17, 2016

Fact Sheet on influenza Antiviral Prescribing

- This Public Health Ontario [fact sheet for health care providers](#) includes information about current medications, recommendations for their use (including in institutional outbreaks), and links to other resources.

New Recommendations for Influenza Vaccine for Children

- Children 6 months up to and including 17 years of age should receive a quadrivalent influenza vaccine composed of two influenza A and two influenza B strains.
- Protection against the extra B strain in the quadrivalent vaccine is particularly important for children and adolescents, who are more likely to acquire influenza B than adults.
- Vaccine products recommended for children and adolescents are either:
 - injectable inactivated influenza vaccine (FluLaval Tetra/Fluzone Quadrivalent) for children 6 months up to and including 17 years of age, or
 - live attenuated influenza vaccine (Flumist Quadrivalent) given by nasal spray for children 2 years up to and including 17 years of age
- See this [Fact Sheet](#) for more information

Referral forms for the SJHC Regional Breast Care Program have changed

- Women referred to breast assessment are prioritized so that they receive necessary imaging & breast biopsy in one day.
- Regardless of where the first mammogram was done, follow-up can be referred to the SJHC Regional Breast Care Program.
- Download the most current [referral](#) forms

Provide your patients with a prescription (attached) to prevent a fall

- A quick reminder of 2 risk factors for falls
 - Medications
 - Footwear
- Where your patients can get more information
 - Call 211
 - [Finding Balance Ontario](#)

Free Grab Bars for your low income patients

- Grab bars improve home safety and decrease fall risk
- FREE grab bar and FREE installation
- Your patients can access the Gift a Grab Bar Program by calling 519.637.3003 ext. 221

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