

Tobacco Cessation Training Opportunities for Health Care Professionals

Training	Description	Format
<u>Training Enhancement in Applied Cessation Counselling and Health (TEACH)</u>	Project provides training for health care professionals in the public, private and non-profit sectors who provide intensive counselling services to people who use tobacco. Practitioners who are TEACH trained in Ontario can become certified by the University of Toronto in the delivery of intensive tobacco cessation interventions. TEACH is accredited by the College of Family Physicians of Canada Main-Pro C, Canadian Addiction Counselling Certification Federation and the Ontario College of Pharmacists.	Online
<u>Registered Nurses' Association of Ontario</u>	FREE interactive web-based courses aim to help health-care professionals learn simple and effective techniques to talk to their patients about smoking cessation.	Online
<u>Ontario Tobacco Research Unit (OTRU)</u>	OTRU's online course, Tobacco and Public Health: From Theory to Practice features accessible, comprehensive and evidence-based Canadian content that is geared to individuals working in tobacco.	Online
<u>Centre for Addiction and Mental Health Lunch and Learn Series</u>	This monthly seminar series is designed for physicians, Family Health Teams (FHTs) and other health/allied health practitioners to enhance their knowledge and skills in offering cessation interventions.	Online
<u>Introduction to Motivational Interviewing online course – Centre for Addiction and Mental Health</u>	Based on the book Motivational Interviewing: Helping People Change (Third edition, 2013), this simulation-based and interactive online course is designed for health care practitioners who have direct client care responsibilities. This course offers 44 hours of training on how to use core motivational interviewing skills in conversations about change across a range of health-related issues.	Online
<u>Certificate in Motivational Interviewing: Spirit to Skills An Introduction to Motivational Interviewing for Professional Practice – University of Toronto</u>	This course will focus on teaching the principles and spirit of MI to help practitioners develop skills to guide their clients through the change process.	Online
<u>Training in Motivational Interviewing For Health Coaches: Help Your Clients Get Unstuck – York University Health</u>	This workshop is an intensive introduction to Motivational Interviewing with movement to an advanced level of competency in understanding how to implement and sustain Health Behaviour	Online

<u>Leadership and Learning Network</u>	Change for your clients, your programs, and overall practice.	
<u>Registered Nurses' Association of Ontario Smoking Cessation Champion Workshops</u>	The Registered Nurses` Association of Ontario invites all nurses, nursing students and other health care professionals to attend a FREE one day workshop on Smoking Cessation Best Practices!	In-person
<u>University of Massachusetts Medical School</u>	Centre for Tobacco Treatment Research and Training Tobacco Treatment Specialist Core Training is an intensive 4-day program, conducted in person and offers certification as a Tobacco Treatment Specialist	In-person