You have been tested for COVID-19. Now What?

Results can take up to 7 days but could be available as soon as 24-48 hours.

If you have symptoms, you must self-isolate at home until you get your test results. Don't leave your home. Disinfect commonly used surfaces often (doorknobs, light switches, phones, keyboards, remote controls, faucets and counter tops). Have a friend or family member drop groceries and other essential items at your front door. **If you don't have symptoms** you don't need to self-isolate while waiting for your test results unless public health has specifically asked you to.

You can check for your results online: https://covid-19.ontario.ca. If this link doesn't work, please try a different web browser.

If your symptoms worsen, call your primary care provider or Telehealth Ontario. If your symptoms become **SEVERE** and it is an emergency, please go to your nearest emergency room or call 911.

Are your results negative?

You need to stay at home if you are sick. Drink lots of fluids and get rest. Take acetaminophen if you have a fever. Stay home until you have had 24 hours without any symptoms. Call your primary care provider if your symptoms change or worsen. If public health has asked you to self-isolate do not stop until you have spoken to public health again.

Are your results positive?

If your results are positive, we will call you. We will ask questions about your travel history (even within Canada) and the people you have been in contact with (family, co-workers, neighbours, etc.). We will ask for phone numbers for those people and we will call them. We will also give you information on your next steps.

What does a negative test mean?

If you test negative for COVID-19, you did not have detectable virus at the time your sample was collected. This does not mean you will not be exposed to, test positive for, or become sick with COVID-19 at some time after your test.

For more information about COVID-19, call our hotline at 1-800-922-0096 x 9
or visit our website at www.swpublichealth.ca/covid-19

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